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Current Perspective

Hyperthermia adds to chemotherapy ☆

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ARTICLE INFO

Article history:
Received 29 May 2008
Received in revised form 17 July 2008
Accepted 24 July 2008
Available online 11 September 2008

Keywords:
Hyperthermia
Chemotherapy
HSP
Immunology
Liposomes
HIPEC
ILP

ABSTRACT

The hallmarks of hyperthermia and its pleotropic effects are in favour of its combined use with chemotherapy. Preclinical research reveals that for heat killing and synergistic effects the thermal dose is most critical. Thermal enhancement of drug cytotoxicity is accompanied by cellular death and necrosis without increasing its oncogenic potential. The induction of genetically defined stress responses can deliver danger signals to activate the host's immune system. The positive results of randomised trials have definitely established hyperthermia in combination with chemotherapy as a novel clinical modality for the treatment of cancer. Hyperthermia targets the action of chemotherapy within the heated tumour region without affecting systemic toxicity. In specific clinical settings regional hyperthermia (RHT) or hyperthermic perfusion has proved its value and deserve a greater focus and investigation in other malignancies. In Europe, more specialised centres should be created and maintained as network of excellence for hyperthermia in the field of oncology.

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1. Hyperthermia or heat shock exposure: Arrhenius relationships from the molecule and cell to the clinic

Hyperthermia can be defined as controlled temperature elevation by targeting the heating field to the malignant tumour as well as the surrounding tissue, organ, part of body or even to the whole body. Following the results of profound research starting in the early 1970s for exponentially growing cells when exposed to heat shock above a threshold temperature – in general – a strict temperature–time relationship was noted. This is specific for the individual cell line, and different in the various phases of the cell cycle using clonogenic cell death as an end-point. The thermal energy dose for induc-

tion of cell death was found to be closely related to the amount of energy required for cellular protein denaturation. This led to the conclusion that the direct cytotoxic effect of hyperthermia itself is mainly based on denaturation of nucleolic, cytoplasmatic or membrane proteins. Based upon complete sets of survival data testing different cell lines, Arrhenius blot relationships were performed to allow the numerical description and calculation of the thermal dose achieved during a certain exposure time at a given temperature.²

Calculation of the thermal dose applied in hyperthermia has been successfully integrated into the concept of a 'thermal isoeffect dose' (TID).³ By the TID concept, heating time periods at different temperatures are converted into equiva-

^{*} Source of support: Helmholtz Gemeinschaft Deutscher Forschungszentren – VH-VI-140 Clinical Hyperthermia and Related Technology SFB455 – Virale Funktionen und Immunmodulation Deutsche Krebshilfe e.V.

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lent heating minutes at 43 °C. For consecutively applied heat treatments, the TID for each single treatment can be added to give the cumulative equivalent minutes at 43 °C (CEM₄₃). When treated with heat shock, mammalian cells develop a transient resistance to subsequent heat exposure. This phenomenon has been called 'thermotolerance' and is at least partially due to the induction of heat shock proteins (HSPs) and other post-transitional adaptation processes (e.g. cell cycle arrest in the G2-phase). The TID calculation is complex and is influenced by a number of environmental factors as well as by the transient development of thermotolerance. However, it at least allows to predict the outcome in vitro for a given heat dose.

There is no intrinsic difference between heat sensitivity of normal and tumour cells in vitro. There is, however, a tumourselective effect of hyperthermia at temperatures between 40 °C and 43 °C in vivo. The architecture of the vasculature in solid tumours is chaotic, resulting in regions with hypoxia and low pH levels, which is not found in normal tissues under undisturbed conditions. These factors turn cells more sensitive to hyperthermia especially in low perfused areas. Therefore, in addition to direct cytotoxicity, hyperthermia leads in vivo to an almost selective destruction of tumour cells in hypoxic and, consequently, acidic environment within parts of solid tumours.4,5 Despite complexity and limitations of thermal dose dosimetry, the notion is that thermal dose, quantified by the TID concept as CEM 43 °C, is related to outcome in randomised studies, both in canine⁶ and in human⁷ tumours.

2. Enhancement of drug cytotoxicity by hyperthermia: its reality at clinically relevant temperatures

Heat modifies the cytotoxicity of many chemotherapeutic agents (see Table 1).⁸⁻¹³ The extent of 'thermal chemosensiti-

sation' both in vitro and in vivo can be quantified by the quotient of the clonogenic cell growth or tumour cell growth or tumours treated either with the drug alone or with the same drug at elevated temperature. The thermal enhancement ratios (TER) for certain antineoplastic agents at two different temperatures (41.5 °C versus 43.5 °C, respectively) are given in Table 2. The TER mainly represents the pharmacodynamic features of the drug-heat-interaction. More recent in vivo studies have demonstrated that the thermal enhancement of cytotoxicity of many chemotherapeutic agents is maximised at temperatures between 40.5 °C and 43.0 °C. 14 The mechanisms of interaction in vitro are tested on the basis of an isobologram analysis. 15,16 Synergism is observed as a continuous change with increasing temperatures of the rate at which cells are killed by the drug. It is generally accepted that most alkylating agents (e.g. cyclophosphamide and ifosfamide) and platinum compounds as well as the nitrosoureas

Table 2 – Thermal enhancement ratio (TER) of selected chemotherapeutic agents					
Drug	Treatment time (min)	TER			
	()	41.5 °C	43.5 °C		
Cisplatin	30	1.48	1.59		
Cyclophosphamide	30	2.28	2.74		
Ifosfamide	30	1.52	-		
Ifosfamide	90	3.60	-		
Melphalan	30	3.60	-		
BCNU	30	2.27	2.71		
Bleomycin	30	1.24	1.65		
Mityomycin C	30	1.05	-		
5-Fluorouracil	30	1.0	1.0		
Doxorubicin	30	1.0	1.0		
Data taken from Urano et al. ¹⁰³					

Table 1 – Overview of the interactions between some chemotherapeutic agents and heat				
Class of agent		Interaction	Remarks	
Platinum drug	Cisplatin	More than additive	Gradual increase with increasing temperature; highest when simultaneous	
	Carboplatin			
Alkylating agents	Cyclophosphamide	More than additive	Gradual increase with increasing temperature; highest when simultaneous	
	Ifosfamide			
	Melphalan			
	Mitomycin			
Nitrosources	Carmustine (BCNU)	More than additive	Highest when simultaneous	
	Lomustine (CCNU)			
Antibiotics	Bleomycin	More than additive	Only >42 °C; largest when simultaneous	
	Doxorubicin Actinomycin D	Complex	Less than additive when heat precedes drug	
Pyrimidine antagonists	5-Fluorouracil (5-FU)	Independent	No interaction	
Tymmume umugomote	Cytarabine (Ara C)	acpenaene	The miles decision	
Vinca alkaloids	Vincristin	Independent		
	Vinblastin	F		
Taxanes	Paclitaxel	Complex	Cell type dependent; temperature 41.5–43.0 °C	
Nucleosidanalog	Gemcitabine	Additive	Only if applied 24 h before or after heat	
Derived and adapted from K	ampinga. ¹⁰²			

(BCNU and CCNU) are linearly enhanced in their cytotoxic effect if temperatures are raised from 37 °C to over 40 °C. In contrast, for example, doxorubicin or bleomycin, there are threshold temperatures for the interaction with heat at or near 42.5 °C, whereas most antimetabolites (e.g. 5-fluorodeoxyuridin and methotrexate) as well as vinca-alcaloids or taxanes show independent action. However, lack of interaction would not rule out an improved therapeutic result in vivo because spatial cooperation and/or toxicity independency could exist. Mechanisms for the thermal enhancement include increased rate constants of alkylation, increased drug uptake and inhibition of repair of drug-induced lethal or sublethal damage. Studies on drug-heat sequence show, in general, that drugs administered immediately before hyperthermia is most effective. However, there are exceptions like the antimetabolite gemcitabine, where a time interval of 24 h between drug application and heat is necessary to achieve a synergistic effect in vitro and in vivo. 17,18 Clinical trial design of heat and drug combinations should also take into account the complex changes in drug pharmacokinetics under hyperthermic conditions.

3. Cell lethality and oncogenic potential: what do we pay for the enhancement?

Heat could theoretically enhance both the cytotoxic and oncogenic potential of the drugs. Examination of transformation incidences expressed as a function of surviving fraction showed that for a given level of cell killing the combination of heat and, e.g. cisplatinum resulted in fewer transformants per surviving cell than for cisplatinum alone. 19 Chemotherapy behaves in a manner similar to X-rays combined with heat, i.e. heat appears to convert sublethal damage to lethal damage, thus reducing the expression of transformation.²⁰ Several studies have shown S-phase specific cell lethality and/or oncogenic transformation of cells exposed to a variety of chemotherapeutic agents.^{21,22} Since a substantial proportion of transformation occurs when cells are in S-phase, it is not surprising that hyperthermia (which preferentially kills cells in S-phase) could reduce the incidence of transformation. These observations are consistent with the dogma that moderate heat treatment itself does not induce directly chromosomal DNA strand breaks but can alter chromatin structure influencing DNA repair.²³⁻²⁵ A broader conclusion with practical implications may be inferred from these data. The treatment strategy combining chemotherapy with hyperthermia may not only be advantageous to the treatment of primary cancers, but also may result in a lower risk of treatment-induced secondary cancers. Addressing the concern for oncogenic potential of common anticancer treatment technologies, hyperthermia seems to be one of the few modalities not increasing oncogenic transformation.

4. Hyperthermia as targeted therapy: perspective for delivery of anticancer agents

For those drugs which show temperature-dependent enhancement, the rationale for their combined application is that hyperthermia 'targets' the action of the chemotherapeutic agent within the tumour region with elevated temperatures without affecting systemic toxicity. There are new biological aspects that have to be transferred into clinical research.²⁶ Hyperthermia can be used to enhance the delivery of drugs to the volume targeted by heat. However, microvascular damage that is caused by hyperthermia might counteract any advantage that could be gained from the initial improvement in blood flow. In general, impaired blood supply and increased interstitial pressure interfere with the delivery of therapeutics to solid tumours.²⁷ The recent findings that clinical temperatures are rarely high enough (>43 °C) to cause vascular damage, along with the recognition that regional hyperthermia at 40-43 °C causes increasing tumour blood supply, 28,29 led to resumption of interest in this approach. Blood flow and vascular permeability are both the critical factors for drug uptake²⁷ that are increased by hyperthermia. Hyperthermia has been shown in general to enhance the uptake of mAbs into tumour tissue but - unfortunately - data on the uptake of currently approved antibodies in cancer therapy targeting EGFR (cetuximab, panitumumab) and HER2 epitopes (trastuzumab) or blocking VEGF (bevacizumab) are not available so far.

The most exciting and potentially useful delivery systems are based on recent developments in the field of liposomes, proteins or polymers. These microcarriers are used to transport a variety of agents to tumours, including traditional anticancer agents but also siRNAs to switch off genes or gene products by RNA interference. The first paper on the concept of using temperature-sensitive liposomes to achieve enhanced delivery of anticancer agents to malignant tumours by heat was published as early as 1978.30 After decades of intensive research activities, several types of thermosensitive liposomes have been constructed so far^{31,32} and doxorubicin containing thermosensitive liposomes (e.g. Thermodox®) have entered clinical trials.33 Thermosensitive liposomes are designed to release their payload at elevated temperatures by choosing lipid compositions with appropriate phase transition temperatures. In the case of thermosensitive proteins or polymers, the molecules are in hydrophilic state at 37 °C, whereas above the phase transition temperature (usually >40 °C) they become hydrophobic and aggregate within the hyperthermia exposed tissue.³⁴ Thereby the localised expression of therapeutically relevant genes or localised uptake of nanoparticle in heated tumour tissue to increase efficacy in the tumour itself and to minimise side-effects in healthy tissue is another important field for 'new drug' delivery by hyperthermia.35

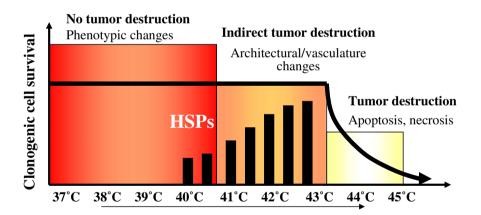
5. Hyperthermia combined chemotherapyinduced necrosis: the role of released HSP and the immune response

The antineoplastic properties of chemotherapeutic agents are mainly based upon their ability to induce either a necrotic or apoptotic programmed cell death. Whereas necrosis is marked by a passive pathological cell damage followed by an inflammatory response, apoptosis represents a genetically controlled, active death programme.^{36,37} Heat treatment induces both, apoptosis and necrosis, and the form of death changes from apoptosis to necrosis above a certain threshold temperature.^{38,39} The pleotropic effects of the temperature-

dependent cellular and molecular events are illustrated in Fig. 1. Enhanced drug cytotoxicity by simultaneous heating in vivo has been shown to increase the fraction of necrotic areas within the tumour tissue as a surrogate marker of tumour response to the combined treatment. 40,41 At high temperatures, proteins become structurally unstable and may even unfold leading to loss of function of the affected proteins and to intracellular accumulation of aggregates. 42 The cells respond by producing increasing amounts of molecular chaperones (HSPs), a phenomenon referred to as 'heat shock' or 'heat response'. 43,44 An immediate adaptive mechanism is provided by activation of heat shock factors (HSFs) which activate the promoter regions of various heat shock genes. 45,46 Some HSPs, in particular HSP70, are heat-inducible and can be released by necrosis, where - once extracellular - they gain potent immunostimulatory functions. 47-49 After a non-lethal heat shock, HSP70 was found to be expressed on the surface of malignant cells that became more susceptible to lysis by NK cells. 50,51 Recently HSP70 activated NK cells have been shown to control HSP70-positive primary or metastatic cancer in vivo⁵² or to generate immune responses in patients.⁵³ HSP peptide complexes released from dying tumour cells or extracted of tumour cells are also able to generate an adaptive T-cell response by targeting tumour-derived antigenic peptides to the professional antigen presenting cells (e.g. dendritic cells). 54,55 As proof of principle, in situ autovaccination has been achieved by localised hyperthermia combined with intratumoural injection of dendritic cells to induce systemic antitumour immunity.⁵⁶ Therefore there is a strong rationale that hyperthermia combined chemotherapy might also have a positive impact on the hosts' immune system by the potential to induce innate and adaptive immunity (see Fig. 2).⁵⁷

6. Combination trials: clinical application and results

The current interest in hyperthermia came into the limelight again in the beginning of 2000, where the medical community started re-addressing both the biological and clinical usefulness of this modality. 58-61 For many years, it has been an unproven dogma in hyperthermia research that antineoplastic heat action requires temperatures >43 °C in the clinic. The thermal isoeffect dose (TID) concept based upon pre-clinical in vitro results was - in simple analogy - transferred into the clinic in order to estimate the required temperature dose parameters for clinical efficacy. Even for combined treatment, the dose relevant effect was considered to be heat cytotoxicity only. Addressing thermotolerance in the clinical setting, the magnitude and duration of thermotolerance are reduced greatly as the amount of heat delivered during the initial heating is decreased. Therefore, for heat killing and heat chemosensitisation, thermotolerance is most likely not clinically relevant. In conclusion the clinically relevant temperature range between 40.5 °C and 43 °C, the 'old' concept,



Molecular response	Cell cycle; DNA repair Induction of heat shock proteins/H;	Apoptosis/Necrosis SP-70 membrane expression
Clinical setting	Thermosensitisation for chemotherapy and/or radiation	

Fig. 1 – During deep regional hyperthermia intratumoural temperatures between 40 °C and 44 °C are achieved. Heat at thermal doses below the breakpoint temperature (i.e. 43 °C/60 min) does not exert direct cytotoxicity (sub-lethal temperature). The antitumoural effect of heat is the consequence of sensitisation to chemotherapy and radiation. Architectural and vascular changes at these thermal doses lead to an increased blood flow, enhanced drug delivery and drug extravasation (chemosensitisation) and higher oxygenation of the tissue (radiosensitisation). At molecular level the mechanisms of thermosensitisation are based on protein denaturation and aggregation that lead to inhibition of the DNA repair machinery and proteins involved in cell cycle regulation. Sub-lethal temperatures induce overexpression of inducible heat shock proteins, ie. HSP70 and turn tumour cells transiently thermoresistant. Thermal doses above the breakpoint temperature exert direct cytotoxicity and tumour cells die exponentially by induction of apoptosis and necrosis. Heat-induced tumour death is immunogenic by release of HSPs and HSP-PC in the extracellular milieu (by courtesy of V. Milani).

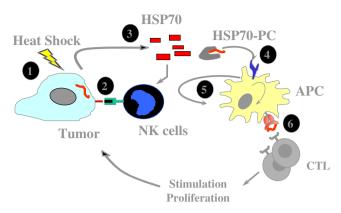


Fig. 2 – Working hypothesis for hyperthermia as targeted immunotherapy. (1) Clinical hyperthermia (heat shock) upregulates HSP70 expression in tumour tissues. (2) HSP surface expression occur in some tumour cells activating NK cells. (3) Due to induction of local necrosis, HSP70 and HSP70-PC can be released. (4) HSP70-PC bind to APC and induce cytokine secretion, APC activation, and in parallel deliver the peptide cargo into the cross-presentation pathway for MHC class I restricted presentation and antigen specific T-cell activation. Taken from Milani et al.⁵⁷

leads to an underestimation of the cytotoxic potential of heat in combination with chemotherapy and, vice versa, to an overestimation of the thermal dose (e.g. CEM_{43}) necessary to achieve a clinical benefit.

In contrast to the number of multicentre clinical trials addressing the role of hyperthermia in conjunction with radiation or radiochemotherapy, only few comparative studies have been completed, where hyperthermia was tested combined with chemotherapy alone. Using cytoreductive surgery followed by hyperthermic intraperitoneal chemotherapy (=HIPEC) in gastric cancer, 62 malignant mesothelioma, 63 ovarian carcinoma, 64 or pseudomyxoma, 65 it is important to note that these phase II studies as well as the only completed phase III study in patients with peritoneal spread of colorectal carcinoma 66 were not designed to evaluate the relative contributions of the extended surgery separated from HIPEC to the significant improvements in the outcome as seen in some of these trials.

There is one randomised trial for the prevention of peritoneal recurrence of gastric cancer showing marginally significant improvement in terms of local recurrence when HIPEC (using mitomycin C) was compared with surgery alone.⁶⁷ Improvement in recurrence-free survival was also seen in a multicentre clinical trial comparing intravesical chemotherapy (with mitomycin C) alone, with local microwave hyperthermia for prevention of recurrence in STCC of the bladder.⁶⁸ None of the HIPEC techniques can be unequivocally recommended as a standard treatment today. Prophylactic hyperthermic isolated limb perfusion (ILP) with melphalan alone tested in malignant melanoma, a well-designed large multicentre randomised trial, has clearly been shown to be of no significant value. 69 However, the situation has changed completely by the utilisation of TNF (tumour necrosis factor) in the ILP setting. TNF plus melphalan-based hyperthermic ILP has been proven to be highly effective in multicentre

non-randomised trial settings demonstrating response rates above 70% and limb salvage rates above 80% especially in locally advanced soft tissue sarcomas of the extremities. This resulted in the approval of TNF in Europe for the ILP setting. To Still, no firm conclusion can be drawn for ILP to the relative effect of hyperthermia in the combined action with TNF or melphalan.

Substantial improvements in the technology have allowed heating of deep-seated tumours, especially in the pelvis and abdomen. Regional hyperthermia (RHT) can be performed using an electromagnetic deep heating device consisting of multi-antenna applicators (BSD systems, BSD Medical Corporation, Salt Lake City, USA). RHT combined with standard radiotherapy *versus* radiotherapy alone clearly showed not only substantial improvement in locoregional control, but also better long-term survival for patients with locoregional advanced cervix carcinoma. For recurrences following radiotherapy, the use of simultaneous application of weekly cisplatin (CDDP) and RHT resulted in a 50% response rate, 33,74 whilst the response rate was expected to be about 15% without RHT.

Using the same deep heating methodology, most recently, the European Organisation for Research and Treatment of Cancer (EORTC) and the European Society for Hyperthermic Oncology (ESHO) completed a multicentric, large Intergroup phase III trial (EORTC 62961/ESHO RHT-95) in order to define the impact of RHT within the treatment strategy for patients with primary or recurrent high-risk soft tissue sarcoma (STS) (≥5 cm + grade II or III + deep + extracompartmental extension) or for the same group of patients after inadequate surgery. In this trial all patients with high-risk STS stratified to extremity (E) and to non-extremity (Non-E) received systemic EIA chemotherapy (four cycles etoposide, ifosfamide, doxorubicin (adriamycin)) and were randomised in two arms (chemotherapy alone versus chemotherapy and RHT) followed by definitive surgery and radiotherapy. Thereafter, additional four cycles of the EIA regimen were administered with or without RHT according to the initial randomisation. The preliminary results have been presented recently.⁷⁵ After median follow-up for all patients of 24.9 months (range: 0-106.9 months), an intention-to-treat analysis of 341 randomised patients showed a significantly superior disease-free survival (median 31.7 months (CI-95: 27.2-55.3 months) versus 16.2 months (CI-95: 12.8–20.7 months), p < 0.01 (Log-Rank-Test)) for the patients who received EIA and RHT (n = 169) as compared to those treated with EIA chemotherapy alone (n = 172). The objective response rate and the median local progression-free survival were also significantly improved for the combined treatment arm. In a separate trial including patients with progressive disease after first-line chemotherapy combinations, patients who received systemic ICE chemotherapy (ifosfamide, carboplatin, etoposide) with RHT showed an objective response rate of 20%.76 The results are in the same range as previously reported by the SHOWGphase II trial in a larger series of patients with metastatic STS using a closed radiant heat device (Aquatherm) for whole-body hyperthermia (WBH) to raise the patients' core temperature to 41.8 °C for 60 min. In pretreated patients, the response rate to ICE chemotherapy simultaneously with WBH was 24%.⁷⁷

Several phase II studies have been completed with some promising results, 78 but the efficacy of radiative WBH combined with chemotherapy has not yet been proven in the scope of a randomised trial. At the borderline of WBH, there is interest to define fever-range (39–40 °C) whole body hyperthermia (FR-WBH) combined with systemic chemotherapy. This approach is based on preclinical results in animal models showing stimulation of the immune system 79,80 and an equal anti-tumour efficacy for long durations (4–6 h, 39–40 °C) of FR-WBH as compared to conventional WBH (1 h, >41.5 °C).

Partial-body hyperthermia (PBH) is based upon threedimensional multi-antenna applicators (Sigma-Eye applicator) integrated in an open low field (0.2 Tesla) or tunnel high field (1.5 Tesla) magnetic resonance tomograph. 83-85 Noninvasive treatment monitoring is provided by such hybrid systems to characterise temperature as well perfusion during hyperthermia.86 The heating pattern can cover larger anatomical regions, e.g. full peritoneum (for peritoneal carcinosis) or upper abdomen (for liver metastases). First phase II results of gemcitabine + cisplatin combined with RHT or PBH as second-line treatment of gemcitabine-refractory patients with local advanced or metastatic disease are promising.87 The experience with RHT in children and adolescents is limited to a few specialised treatment centres, particularly in Germany.^{88,89} The more recent results (matched pair analysis) of RHT combined with PEI chemotherapy (cisplatin, etoposide and ifosfamide) in chemo-refractory or recurrent germ cell tumours with long-term follow-up impressive.90,91

7. Clinical aspects for future directions

In the past decade, combined use of local hyperthermia and radiation compared to radiation alone has clearly been shown to have clinical potential for relatively 'superficial' malignant tumours^{92,93} in the appropriate situation, especially in recurrent breast cancer, ⁹⁴ both in terms of response rate and local control. At present, we are witnessing the coming of age for regional 'deep' hyperthermia (RHT, PBH and HIPEC) as a new treatment component for malignancies in general and if combined with chemotherapy, in particular. In Europe, primarily initiated by the ESHO, both the Dutch trial⁷¹ and the EORTC-ESHO Intergroup trial⁷⁴ can be considered in a time of evidence-based oncology as proof of concept not only for the clinical benefit by adding hyperthermia to enhance outcome of mainline therapies, but also for adequate achievement of deep heating in locally advanced tumours.

The positive results of the intergroup trial in high-risk STS are of great importance in several aspects. This is the first completed, large randomised study where RHT combined with systemic chemotherapy has been applied as first-line treatment of a potentially curable disease with significant impact on outcome. Secondly, the design of the phase III study was based on the results of two prior consecutive phase II studies. Besides safety, achievement of measured tumour temperature ($T_{\rm max} \geqslant 42\,^{\circ}\text{C}$), and efficacy in terms of impressive progression-free survival rates, the results suggested that post-surgical hyperthermia may be crucial for local control.

By comparison, neither the only randomised trial on neo-adjuvant chemotherapy⁹⁶ nor the recently completed randomised trial on adjuvant chemotherapy,⁹⁷ both initiated by the EORTC, could demonstrate clinical benefit compared to local treatment alone in terms of progression-free or overall survival. So far, based on the preliminary data as presented, no firm conclusions are possible. However, RHT seems to offer at least an appropriate treatment option for high-risk STS where local control is difficult to achieve and death may result for inoperable local disease progression.⁹⁵ Targeting other high-risk cancer entities, the role of RHT or PBH combined with gemcitabine-based chemotherapy should be more investigated in pancreatic cancer in the scope of an ESHO phase III trial as planned.

The clinical potential for HIPEC after debulking surgery for patients with peritoneal spread of different malignancies is shown in several trials.98 Deep heating within the peritoneal cavity (41-43 °C) is feasible and, for example, the HIPEC approval with taxanes in ovarian cancer needs further clinical investigations.⁹⁹ The addition of intraperitoneal normotherm instillation-chemotherapy to systemic chemotherapy following surgery showed survival benefit in two randomised trials. 100,101 An alternative approach for further enhancement of drug efficacy - beside HIPEC - could be achieved by the use of RHT or PBH within this setting. Based on the thermal dose concept, such combined strategy should greatly enhance its potential effect since - in contrast to HIPEC - the clinical application of RHT or PBH can be repeated in consecutive cycles. By comparing the same strategy without hyperthermia at normothermic conditions, the design of such trials would allow to assess the impact of hyperthermia on clinical outcome.

Available data on WHB in conjunction with chemotherapy merely demonstrate feasibility and some efficacy in chemorefractory patients with advanced disease. Its application to induce core temperatures up to 42 °C is relatively invasive and accompanied with a broader spectrum of toxicity than RHT. Nevertheless, given that the addition of RHT to chemotherapy recently has been shown to have significant impact on locally advanced tumours – such as high-risk STS – one can reasonably conclude that WBH should be administered early in the management of metastatic cancer patients and should be tested in a randomised study with an appropriate design.

In summary, supported by a wealth of new biological data, the results of clinical trials strengthen the current evidence that hyperthermia combined with chemotherapy is an effective and useful modality which should be integrated in the present cancer treatment armamentarium.

However, there is need to encourage more widespread interest in hyperthermia by oncologists and funding agencies. Taking into consideration the enormous resources and activity which are placed in various technologically advanced and difficult treatment modalities, it is evident that there should also be a platform for hyperthermia. A number of dedicated centres, which are working in collaboration with the ESHO and EORTC, should be identified and maintained within the European community, and, most importantly, their necessary support should be secured.

Conflict of interest statement

None declared.

Acknowledgements

Thanks to Lars Lindner, Katharina Tschoep, Valeria Milani and Elfriede Noessner for their suggestions and critical and insightful comments on the manuscript and to Martina Lahm for her writing assistance.

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